

Response Of Hydroalcoholic Extract of *Plumeria alba* Leaves Against Periodontal Disease Triggering Microbiota

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Abstract

Disturbance of human microbiota manifests in periodontitis that is connected with many other diseases. Adjustment of human microbiota by herbs intended present study to determine the response of hydroalcoholic extract of *Plumeria alba* leaves (HEPAL) against periodontal disease (PD) triggering bacteria. Current study involved preparation of HEPAL via Soxhlet extraction, followed by phytochemical screening and evaluation of inhibitory potential of HEPAL against PD triggering bacteria such as *P. aeruginosa*, *S. pyogenes*, *S. aureus* and *E. faecalis*. The phytochemical screening of HEPAL exhibited presence of alkaloid, flavonoids, glycosides, carbohydrates, proteins, and amino acids. The HEPAL exhibited its best inhibition activity against *S. aureus* and *E. faecalis*. Present study concludes that HEPAL possess high inhibitory activity against PD triggering bacteria. High inhibitory potential of HEPAL against PD could be attributed to presence of flavonoidal and alkaloidal constituents.

Key Words: Periodontal disease, antimicrobials, phytochemical, *Plumeria alba*, bacteria

1. Introduction

Human body comprises pathogenic and non-pathogenic bacteria population in symbiotic relationship. Small disturbance in this population may lead to various infections or diseases [1]. Periodontal disease (PD) is a chronic inflammation disease of the tissues of teeth, that is triggered by complex interaction between immuno-response and different micro-organisms and [2]. PD is known to be connected with various other systemic diseases, such as cardiovascular diseases, diabetes, rheumatoid arthritis, respiratory disease, chronic kidney disease, obesity, and cancer. Fact suggest *P. aeruginosa*, *S. pyogenes*, *S. aureus* and *E. faecalis* to trigger PD [3-5]. The extensive and inappropriate use of antibiotics may lead to emergence of antibiotic-resistance. Development of microbe's resistance and patient tolerance reduces the efficacy of commercial antibiotics and increases the demand of alternative antibiotics [7-10]. Plants are known to possess various bio-constituents, such as alkaloids, phenols, polyphenols, terpenoids, flavonoids, flavonols, and glycosides; that are responsible for several biological and antimicrobial activities [11-15]. *Plumeria alba* (Apocynaceae) is a famous, large evergreen plant, which is widely used in the treatment of various diseases. Found in various parts of South East Asia, an aromatic shrub with white flowers and a yellowish centre. In

Malaysia, it is also commonly known as 'kemboja' or temple tree, but several names such as 'pokokkubur' and 'bungakubur' have also been used [16]. Occurrence of bacterial resistance to conventional antibiotics creates the necessity to search antibacterial agents from different sources [17]. Hence the present study was done to explore the antibacterial potential of the *Plumeria alba* leaves against the microorganisms that trigger PD.

2. Material and methods

The leaves of *Plumeria alba* leaves were collected in AIMST University campus located in Kedah, Malaysia and authenticated in University Sains Malaysia, Penang. The leaves were plucked from each branch, carefully chosen and washed for the removal of impurities and dirt. The leaves were then air-dried for seven days until the leaves were completely dried without the presence of moisture. Upon drying, the leaves were crushed and later homogenized into powder form using an electronic blender and stored in refrigerator at 4 °C for further studies [18].

2.1. Preparation of hydroalcoholic extract of *Plumeria alba* leaves (HEPAL)

100g of powdered *Plumeria alba* leaves were weighed and transferred into a 500mL conical flask. 300mL of solvent containing 95% of ethanol and distilled water was added into the conical flask containing powdered leaves, in the ratio of 60:40 respectively and stirred with a glass rod. The conical flask was then sealed with a cotton plug and aluminium foil and was allowed to stand in a mechanical shaker for the maceration process for seven days. After seven days, the liquid was strained off and clarified by filtration using Whatman filter paper No.1. The filtrate was then collected and evaporated using a water bath. The HEPAL was obtained, labelled and stored in the refrigerator for further studies [19-27].

2.2. Response of HEPAL against PD triggering Pathogens

2.2.1. Preparation of bacterial culture

Bacterial strains of *P. aeruginosa*, *S. pyogenes*, *S. aureus* and *E. faecalis* were used to evaluate the inhibitory potential of the HEPAL. The prepared stock culture of microorganism were maintained at 4°C. Subcultures were prepared by transferring loopful of microorganisms colonies from stock cultures into the nutrient broth and incubated for 24 hours at 37°C in the incubator. The broth turbidity indicated the microbial growth [28-30].

2.2.2. Well Diffusion Method

The inhibitory potential of HEPAL against PD triggering pathogens was determined using well diffusion method. The experimental protocol was followed as per the standard references with slight modifications. Briefly, 20 µl of nutrient broth containing broth organism was poured into Muller Hinton agar plate, that was spread uniformly using L-shape rod. The wells were made on the agar medium with cork borer of 5 mm in diameter which was previously sterilized using autoclave at 121°C for one hour. Each 50 µl of plant extracts were pipetted separately into the cup made on the agar plate. In the agar plate a few wells for extracts, standard and control. These plates contained the antibiotic Ciprofloxacin (standard) and tween 80 (control) solution for the purpose of comparison with the plant extracts. All the plates were incubated for 24 hours at 37°C. The diameter of zone of inhibition around wells was measured in millimeters (mm) in triplicate and average values were calculated [31-37].

2.3. Preliminary Phytochemical screening of HEPAL

The HEPAL was subjected to preliminary phytochemical screening for the detection of various plant constituents. The prepared extract was screened for the presence of alkaloids, carbohydrates, flavonoids, glycosides, proteins, tannins, and phenols as per the procedure given in standard references [38-46].

3. Results

3.1. Response of HEPAL Against PD Triggering Pathogens

In present study, the HEPAL was evaluated for their inhibitory potential against PD triggering bacteria such as *P. aeruginosa*, *S. pyogenes*, *S. aureus* and *E. faecalis*. The prepared HEPAL was evaluated for their antimicrobial potential against various bacterial strains using well diffusion method. The results so obtained are given in table 1.

Table 1: Zone of inhibition of HEPAL

Microorganism	Zone of inhibition (mm)			
	<i>P. aeruginosa</i>	<i>S. pyogenes</i>	<i>S. aureus</i>	<i>E. faecalis</i>
Extract	10	8	22	21
Ciprofloxacin	25	24	24	25
Control	-	-	-	-

'-' indicates no zone of inhibition

3.2. Preliminary Phytochemical screening of HEPAL

The HEPAL was subjected to qualitative testing as per the procedure given in standard references. The list of compounds identified in HEPAL are given in table 2.

Table 1: Phytoconstituents of HEPAL

S. No.	Phytoconstituents	HEPAL
1	Carbohydrates	-
5	Proteins	+
6	Amino acids	+
7	Fats and Oils	-
8	Steroids	-
9	Volatile oils	+
10	Glycosides (Cardenoloids and Anthraquinone)	-
11	Saponin Glycosides	+
12	Cyanogenetic Glycosides	-
13	Alkaloids	+
14	1. Flavonoids	+
15	2. Tannins and Phenolic Compounds	-

Where, '+' indicates present and '-' indicates absent

4. Discussion

Facts suggests reports *P. aeruginosa*, *S. pyogenes*, *S. aureus* and *E. faecalis* trigger PD. The incidences of microbes resistance towards conventional antibiotics raises the demand for evaluation of alternative antimicrobials [7-10]. Reports suggest use of *Plumeria alba* in the treatment of various diseases and to possess strong antimicrobial potential [16]. As per the literature available over different parts of *Plumeria alba* plant and very less literature was available over antimicrobial potential of *Plumeria alba* plant leaves. Hence, investigators of present study was planned to evaluate the in-vitro inhibition potential of HEPAL against PD triggering pathogens (*P. aeruginosa*, *S. pyogenes*, *S. aureus* and *E. faecalis*) using well diffusion method. The HEPAL were prepared by using hydroalcoholic solvent. The HEPAL was investigated for inhibitory potential (using well diffusion method) and phytochemical screening. The HEPAL was investigated for its zone of inhibition against *P. aeruginosa*, *S. pyogenes*, *S. aureus* and *E. faecalis*. The HEPAL showed good inhibitory effect over growth of *S. aureus* and *E. faecalis*. The HEPAL when subjected to phytochemical testing to identify the nature of compound present in the extracts, exhibited presence of alkaloids, carbohydrates, glycosides and proteins.

5. Conclusion

The experimental results of inhibitory potential of hydroalcoholic extract of *Plumeria alba* leaves against PD triggering pathogens, concludes that hydroalcoholic extract of *Plumeria alba* leaves possess good inhibitory activity against PD triggering pathogens especially *S. aureus* and *E. faecalis*. The high antimicrobial potential of hydroalcoholic extract of *Plumeria alba* leaves can be attributed to the presence of alkaloidal and flavonoidal constituents.

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7. References

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